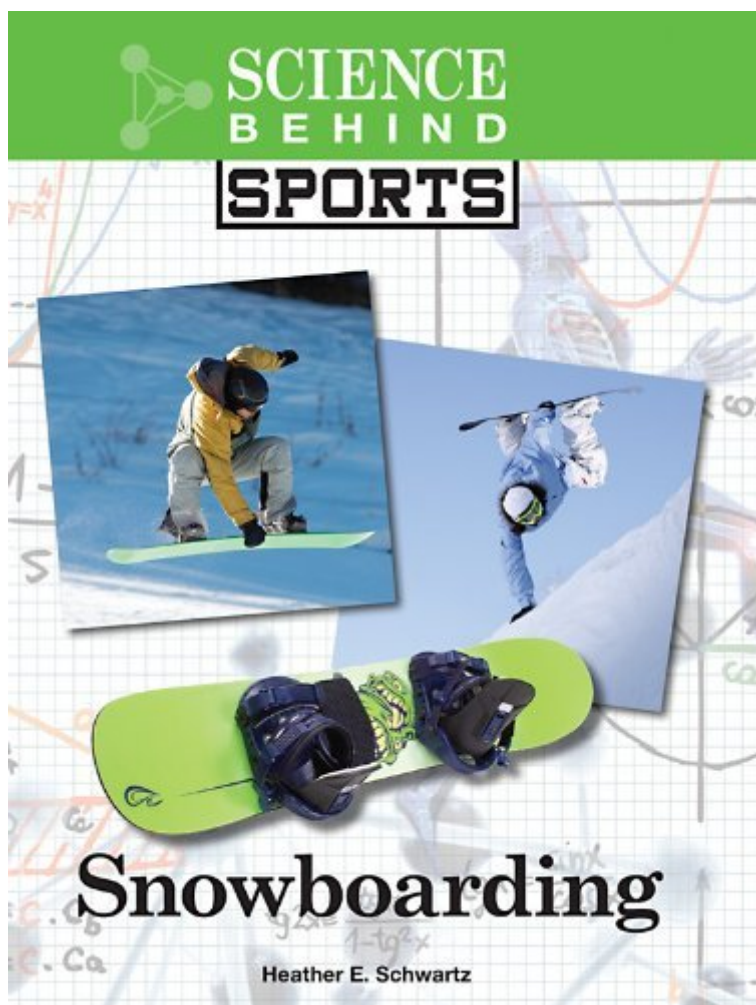


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# Snowboarding (Science Behind Sports)



## Synopsis

Books in this series explore the scientific principles behind some of the most popular team and individual sports; basic physical science concepts are explained in an engaging and accessible manner.; ; Each volume in the series focuses on one sport and opens with a brief look at the featured sportâ€™s origins, history and changes to rules, equipment, or techniques. Subsequent chapters cover the biomechanics and physiology of playing, related health and medical concerns, and the causes and treatment of sports-related injuries. The full-color text is augmented by fact boxes, sidebars, photos, and detailed diagrams, charts and graphs. In addition, a subject-specific glossary, bibliography and index provide further tools for researching the sports and concepts discussed throughout the volume.

## Book Information

File Size: 4276 KB

Print Length: 128 pages

Publisher: Lucent Books Inc; 1 edition (February 15, 2011)

Publication Date: February 18, 2011

Language: English

ASIN: B00MMP70I6

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #3,711,740 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #44

inÂ Books > Teens > Sports & Outdoors > Winter Sports #400 inÂ Books > Sports & Outdoors >

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